IMMACULATE CONCEPTION REGIONAL SCHOOL

Permission to Participate in ICRS Athletics and Approval of Policies

Program Objectives:

At ICRS, we want to create an athletic program that teaches athletes the fundamentals of each sport with additional emphasis on sportsmanship, discipline, honesty, and teamwork in a faith-centered environment, and provide an opportunity for students to form friendships among classmates.

Eligibility

1. To participate, players must have submitted to the school office before the first practice:
   - ☐ This sports packet includes Permission to Participate and Approval of Policies, Concussion Information, medical insurance and safety precautions, and the Volunteer Driver Form (only one sports packet is required per year)
   - ☐ Proof of sports physical (for 6th, 7th and 8th grade. Good for 2 years)
2. Students must maintain grades of C's or better in order to participate in ICRS sports. Any time a student's drops below C, the student has one-week probation period to bring it up. If the grade is not raised to a C or better by the end of the probation week, the student will miss the next game. If a student misses two weeks of practice in a row because of grades, he/she may be suspended from that sport for the season. The athletic director will notify the teachers and coaches about the eligibility status of students. Only a written note by the athletic director or the teacher will allow a student back after suspension. Students cannot verify to coaches that their grades are up. Consideration will be given to those students who have identified academic needs. Upon returning from an absence because of grades, vacation, or illness, the coach may require the student to participate in three practices before playing in a game.
3. Students must attend at least one half of the school day in order to be eligible to play in a game.
4. Student athletes are expected to be good behavior at practices, games, on the bus/carpool/ferry, and in the classroom as stated in the guidelines below. A player's first violation will be discussed between the coach and the player. If the disciplinary problem continues student may be benched, the parents, athletic director and/or principal may become involved at the coach's discretion, and students may be suspended from ICRS athletics.

Behavior Guidelines for Athletes

1. Come to all practices and games on time.
2. Keep track of your uniform and take care of all equipment at ICRS AND other schools.
3. Respect your coach. Follow directions. Listen when your coach is speaking. When the whistle blows, stop what you are doing, including talking.
4. Only good language is acceptable, no swearing.
5. Remember you are part of a team; work together. Recognize your teammates' efforts with praise and encouragement.
6. Accept unpleasant situations such a bad calls, unfair plays, or mistakes with good sportsmanship.
7. Regardless of the final score, compliment the other team on a game well played.
8. Do your best and have a positive attitude.
9. Return uniform at the end of the season.

Expectations for Parent/Guardian

1. Review ICRS sports rules with student-athletes.
2. Treat all coaching personnel with courtesy and respect, and insist your child does the same.
3. Make every effort to attend informational meetings offered by the coach.
4. Assure that your student-athlete will attend all scheduled practices and athletic contests.
5. Model positive attitude and sportsman-like behavior at all athletic contests.
6. Attend as many contests as possible to show support for your child, the team and the school
7. Issues not appropriate to discuss with coach; skills or abilities of other student-athletes, team strategy, technique, practice organization, or play selection.
8. Do not promote gossip or spread concerns over social media. Communicate any concerns on time, according to the school protocol:
    a) First, encourage your child to speak directly with the coach. Often concerns can be resolved at this level.
    b) Contact the coach to set up an appointment.
    c) If the coach cannot be reached, contact the ICRS athletic director. He will assist you in arranging a meeting, Mike Hollick athletics@icrsweb.org or mhollick@icrsweb.org
    d) Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parents and the coach. Meetings of this nature do not promote the resolution of concerns. Please allow 24-48 hours for a "cool down" period.
    e) If the meeting with the coach does not provide a satisfactory resolution, call to schedule an appointment with the athletic director to discuss the situation.

My child has my permission to participate in the following sport(s): ☐ All Sports

☐ Co-Ed Soccer ☐ Volleyball ☐ B-Basketball ☐ G-Basketball ☐ Track & Field

At Immaculate Conception Regional School. I also give my consent to his/her riding in approved transportation provided by coaches, staff, or parents. I understand that a $50.00 sports fee will be collected on FinalSite for each sport and that if my child's uniform is damaged, I will be charged a $25.00 fee for every small tear or stains or a replacement fee of up to $100.00 for lost of very damaged uniforms. To further care for uniforms, please hand dry them rather than using a dryer. Thank you!

I understand and agree with the above requirements and policies and will follow them.

Student Name_____ Grade_____

Paren/Guardian signature_____ Date_____

Parent email_____ Phone #_____

(for notification of meetings, games, changes in scheduling, etc.)

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