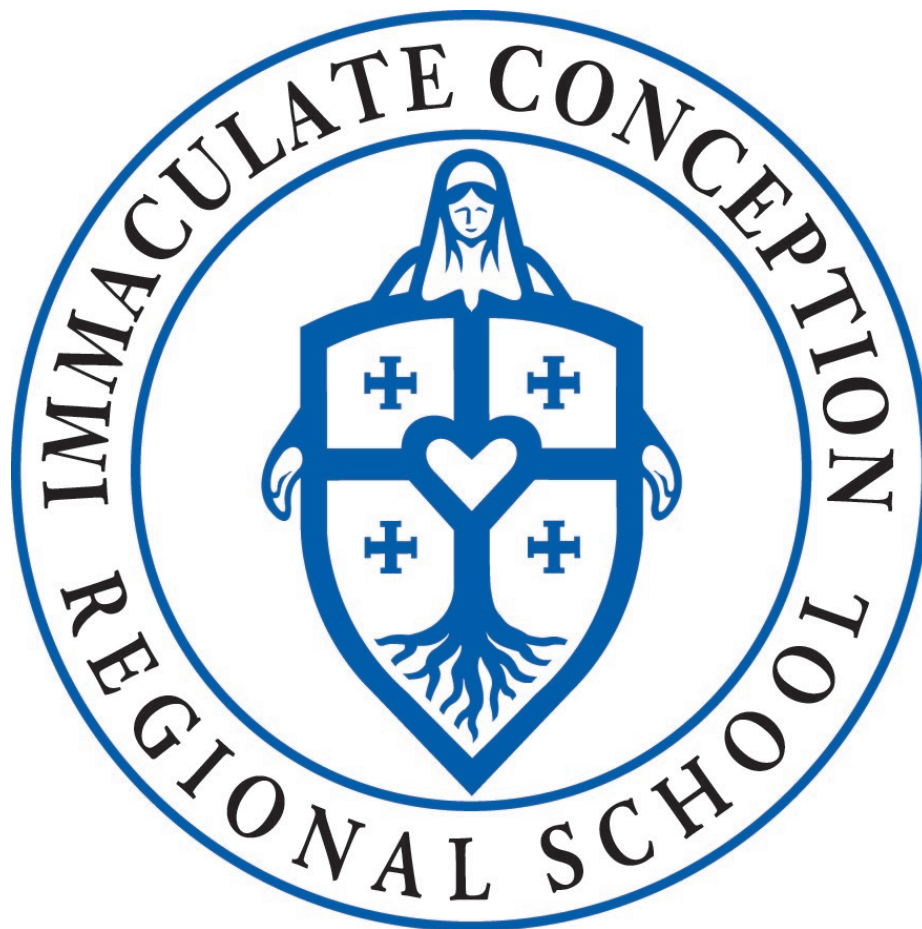


**Immaculate Conception Regional School
Kindergarten-Readiness Program**

Family Handbook



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Welcome

Welcome to all parents who have made the important decision to enroll your child in Immaculate Conception Regional School's Kindergarten-Readiness Program. This handbook will help answer questions you may have or questions that may arise during the school year. This handbook is only for your reference – we encourage parent/staff communication anytime.

Purpose and Mission Statement

ICRS MISSION STATEMENT

Immaculate Conception Regional School (ICRS) provides an education rooted in Catholic beliefs and values for students in Skagit and surrounding counties. ICRS emphasizes the spiritual, moral, intellectual, and physical development of its students, while fostering community among students, parents, and staff.

ICRS PHILOSOPHY

- We foster relationships, both human and divine, knowing that all knowledge and faith find their true origin in God.
- ICRS continually strives to be a genuinely Catholic School that deliberately and continually proclaims the Gospel.
- We recognize parents as primary educators of their children.
- The dedicated staff of ICRS provides an excellent curriculum in academics, physical education and the arts which stimulates the growth of each individual in confidence, positive self-image and personal responsibility.
- Staff and parents are committed to preparing our students to live as citizens in service and leadership to their Christian community and the broader world community.
- ICRS welcomes racial, ethnic, cultural, and economic diversity among its families and strives to teach an appreciation of these differences to all students.

SCHOOL WIDE LEARNING EXPECTATIONS

ICRS students are

1. Active persons of faith who
 - a. live out gospel values of compassion and stewardship
 - b. exhibit knowledge of Church teachings and practices
 - c. pray personally and at liturgies
 - d. guide decision-making with Catholic moral standards
2. Life-long learners who
 - a. communicate clearly and effectively
 - b. problem solve using critical thinking skills
 - c. demonstrate good study skills and a strong academic foundation
 - d. participate in creative arts and physical fitness
3. Active citizens of the global community who
 - a. respect diversity
 - b. work for the common good
 - c. are aware of current events
4. Self-aware individuals who
 - a. are accountable for their actions
 - b. affirm self and others

Admissions & Enrollment

Admissions applications can be found at <https://icrsweb.org/admissions/admission-to-icrs/> Requests for additional information about the ICRS Kindergarten-Readiness Program can be made there also. Parents are required to provide a birth certificate and proof of immunization at the time of application. The school also requests student's Baptismal certificates (if available). **Please keep health, immunization, and contact records current and inform the school of any additions or changes.**

Curriculum

Children in the ICRS Kindergarten-Readiness program will develop social skills in a structured program that prepares them for success in literacy, number sense, fine/large motor skills, art, music, science, and of course, establishing lasting friendships with other children in the class. Our Catholic identity is integrated within all our curriculum and will inform and enlighten all our learning in an age-appropriate manner.

The ICRS Kindergarten-Readiness staff uses the following learning resources and teaching strategies to prepare our 4-year-olds to be successful friends and learners at school.

- **Literacy and Language Arts** – *Open Court* and *Get Set for School*, daily pre-reading and phonics skill development, sight and sound recognition, recognition and printing of their name, story time to develop listening and comprehension and much more!
- **Handwriting** – *Get Set for School* and *Handwriting Without Tears*, fine muscle control development through manipulation of pencils, crayons, scissors, puzzles, glue, paint, stamps, and string.
- **Math** – *Get Set for School*, number sense, counting, numeral identification, introduction of addition and subtraction, patterns, comparing and sorting, shape identification and differentiation, measurement, comparing sizes, lengths and weights, sequencing and graphing. Math is introduced using manipulatives to create a foundation for learning math concepts and spatial relations.
- **Religion** – *Stories of God's Love*. Each day includes prayer time, bible reading and a growing understanding of being loved as a child of a loving God. Students are introduced to Jesus and the joy that comes from following Him. Holy days and seasons will be celebrated, and we will encourage families as they lead these little souls to love God and love others.
- **Science** is presented in a lively, interactive, and sometimes messy way. Following the seasons, using observation of the natural world, using their senses, describing and classifying the properties of objects and events according to their physical attributes, testing hypotheses by experimenting and observing the results lead preschoolers to appreciate and enjoy early science skills. Health and nutrition, as well as dental hygiene, are included.
- **Themes:** fun and informational themes such as seasons, holidays, holy days, social studies and nature are presented weekly to engage and introduce young learners to the wider world.
- **Music and Art** reinforce the themes. Strategies will be used to build up the preschooler's imagination and creativity while helping them improve fine motor skills using drawing, painting, gluing, and playdoh. Music and art complement the theme and tie it all together for the child. This repetitive, cohesive strategy connects learning with the arts and is a proven strategy to successful preschool education.
- **Spanish** – Preschool students receive Spanish instruction throughout their day, which is designed to build language skills. Students strengthen their understanding of foundational vocabulary and concepts, including prayers, numbers, colors, shapes, the alphabet, and body parts, while expanding their knowledge through thematic units such as emotions, calendar concepts, school items, animals, and transportation. Students also explore cultural traditions and celebrations from Spanish-speaking

countries, fostering an appreciation for the diversity of God’s world and the people who inhabit it. Our preschool Spanish program is taught by our native speaking preschool aide.

- **Learning is hands-on and engaging.** It involves repeated exposure to new concepts and time for independent practice.
- **Gaining self-confidence and developing responsibility** is key for preschool students at ICRS. As they interact with other children, students develop their verbal and social skills.

- **To develop physically and emotionally,** children play outdoors on our beautiful play equipment or in the gym. We play games involving large motor skills and encouraging self-regulation, such as the ability to control their own thoughts, emotions, and behavior.
- The ICRS Kindergarten-Readiness program recognizes that **parents are the primary educators** of their children, and we are privileged to be your partner in preparing your child for kindergarten.

ICRS preschool is licensed for 20 students. Our staff to student ratio is 1:10. The director is available daily or by appointment. In her absence, the lead teacher will substitute as program director. Substitutes and/or aides will assist under the direction of the lead teacher or director as needed.

Notice of Nondiscrimination Policy Regarding Students

Immaculate Conception Regional School (ICRS) Kindergarten-Readiness Program admits students of any race, color or national and ethnic origin to all the rights, privileges, programs and activities generally accorded or made available to all students at the school. While the program is proud to present a Catholic world view, we respect, welcome and encourage students of all faith backgrounds to be part of the joy of early learning within that context. In the administration of its policies the school does not discriminate based on race, color, national and ethnic origin in administration of its educational policies, admission policies, scholarship and loan programs and athletic and other administered programs.

Placement and Tuition, Days and Times

Age Group	Days	Annual Tuition	Monthly Payment (July-June)
4-year-olds	8:30AM -12:00PM*	\$5,321	\$443
4-year-olds	8:30AM - 3:00PM*	\$8,868	\$739

***Families with older children at ICRS who arrive @ 9:30am on Wednesdays will be accommodated.**

Extended Care

ICRS will provide Extended Care services to 4-year-olds if at least three students participate. Morning extended care begins at 7 am and ends at 8:15 am. Afternoon extended care begins at 3pm and ends at 6 pm. Extended care rates are \$6.50 an hour or \$3.25 for half an hour.

Parking, Arrival and Departure

Preschool parents park in the Saint Joseph Center parking lot or in the gravel area to the north of the Saint Joseph Center. Please be sure to take your child to the bathroom before class begins.

Please drop off students between 8:15 am and 8:30 am. We will begin instruction at 8:30. If you need to arrive anytime between 7 am and 8:15 am, students will go to extended care. Preschool operates at the same time everyday regardless of Wednesday late start for k-8. You will need to sign your child in and out each day.

There is a “sign in/sign out” sheet in the classroom. Sign in/sign out procedure includes the time of day and a legible signature of the person dropping off or picking up your child. There is also a column to sign up your child for afternoon extended care for that day. Please send an extra snack with your child if they are staying for afternoon extended care.

Please help your child stow their backpack, snack/lunch, and remind them to go wash their hands before joining their friends.

Half day students are brought to the doors at the Saint Joseph Center at 12pm and signed out by their parent or caregiver. Full day student pickup will occur at the classroom door at 3:00pm. The parents or designated caregiver line up outside the door prior to dismissal, sign the child out one by one, and then walk with the child to their car. If your child will be picked up by an approved, designated caregiver, please inform the staff in writing either via email or a note in the morning.

Prompt arrival and pick-up is important. Please try to bring your child to school on time, so he/she may take full advantage of the entire preschool program and have the best transition possible. If you are unable to pick up your child within 15 minutes of the scheduled dismissal time, please call the office to make other arrangements.

Pre-Kindergarten Daily Schedule 2026-2027

	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 - 8:40	Arrival / Morning activity	Arrival / Morning activity	Arrival/Morning activity	Arrival / Morning activity	Arrival /Morning activity
8:40 - 9:00	Circle Time Prayer	Circle Time Prayer	Circle Time Prayer	Circle Time Prayer	Circle Time Prayer
9:00 - 9:45	Language Literacy + Small group/Centers*	Language Literacy + Small group/ Centers*	Religion Small Group/ Centers*	Language Literacy + Small group/ Centers*	Language Literacy + Small group/Centers*
9:30 - 10:00	Snack/book time	Snack/book time	Snack/book time	Snack/book time	Snack/book time
10:00 -10:15	Recess	Recess	Recess	Recess	Recess
10:15-11:00	Circle time #2 Small Group/ Centers*	Circle time #2 Small Group/ Centers*	Circle Time #2 Small Group/ Centers*	Circle time #2 Small Group/ Centers*	Circle time #2 Small Group/ Centers*
11:00 -11:30	Recess	Recess	Recess	Recess	Recess
11:30–12:00	PE	Library	PE	Art/puzzles/ optional field trip to church	Art with Mrs. Hayes
12:00–12:30	Lunch	Lunch	Lunch	Lunch	Lunch
12:30 – 1:10	Rest Time/ Silent Library	Rest Time/Silent Library	Rest Time/ Silent Library	Rest Time/ Silent Library	Rest Time/ Silent Library

1:10-1:15	Bathroom/ Mat clean up	Bathroom/ Mat clean up	Bathroom/ Mat clean up	Bathroom/ Mat clean up	Bathroom/ Mat clean up
1:15– 1:30	Recess	Recess	Recess	Recess	Recess
1:30 – 2:50	Large group activity Religion, Science Centers*	Large group activity Religion, Science Centers*	Large Group activity Language/Lit. Centers*	Large group activity Religion, Science Centers*	Music
2:00–2:50	Free Play Closing Circle	Free Play Closing Circle	Free Play Closing Circle	Free play Closing Circle	Free Play Closing Circle
3:00	Dismissal	Dismissal	Dismissal	Dismissal	Dismissal

*Subject to Change

*Centers include learning through play, such as dramatic play, reading center, kitchen, doll house, blocks, art, Legos, building with loose parts, etc.

School Calendar

The ICRS Kindergarten-Readiness Program follows the school’s academic calendar for both school days and extended care days. Please refer to the 2026-2027 school calendar on the website.

School Closures

See www.icrsweb.org for forms, school closures and other information. The school will communicate via text messaging and email for emergency all-school notifications, as well.

Snow Day/Inclement Weather Information: If we wake up to snow, floods, or the like, the principal will make a decision on whether or not to cancel or delay school. When a decision is made, the local television stations will be notified: KING and KOMO. The message will also be text messaged and emailed to families and posted to our website. If the local public schools are canceled, we generally cancel the school as well.

Parental Involvement

Parents are always welcome to make arrangements to assist and observe in the classroom. Family members interested in volunteering in the classroom and/or with students, must complete a Virtus “Safe Environment” class as required by the Archdiocese of Seattle. For more information about Virtus requirements, visit this page: <http://www.seattlearchdiocese.org/sep/training.aspx>. To sign up for a Virtus class, you will need to make a Virtus account [here](#). Once you have met the requirements, we encourage you to sign up to participate in your child’s early learning program.

Illness and Medications

If your child has been at home because of lice or illness, they must be nit-, fever-, diarrhea- and/or vomit-free (without medications) for 24 hours before returning to school. This allows for ample time to recover and stops the spread of illness to other children. Please use your best judgment when it comes to coughing and colds. Preschool students are not the best at coughing or sneezing into their sleeves, and we would like to keep the spread of germs to a minimum. Children who have stayed home to address lice must come to the office for a

lice check before returning to class. If a child comes to school and, in the opinion of the teacher, is sick, we will call you to come and pick up your child.

No medication can be administered by school personnel without the written permission of the prescribed physician or dentist. This includes all medication whether prescription or over the counter drugs. Medications are kept out of the reach of children. Please see the school office for the necessary forms.

Discipline Policy

Four-year olds are learning socialization skills and school culture. Children are learning how to share, use kind words, take care of one another, and be good friends. At times, children may need redirecting or guidance on problem solving. Our policy for this age group is to redirect children and make these moments learning opportunities. ICRS does not use restraint or corporal punishment.

Preschool Readiness

Children who are ready to attend the ICRS 4-year-old program are potty trained and completely independent in the bathroom. They can express their needs and wants. The full day option is best suited to those children who have experience being in a structured setting during the work week. Children new to preschool might be best suited for the half day program. Parents may choose to add a full day program as the year progresses.

Kindergarten Transition

The ICRS Preschool and Kindergarten teachers work closely together to create a seamless transition from ICRS PK to ICRS K. The Preschool curriculum is designed for kindergarten readiness. ICRS Preschool students will be assessed during Preschool for Kindergarten readiness and will participate in the Kindergarten Kickoff in May at which time the parents are invited to learn more about the kindergarten program.

Mid-Year Transitions

In the event that a student enrolls mid-year, we will offer support and strategies for a comfortable and smooth transition for the student and his/her parents. Please let the staff know of any helpful ideas and suggestions as we accommodate your child.

Medical Emergencies

Emergency Information: During enrollment, parents provide emergency contact information on Finals site, which designates how to contact them or their representative in case of an emergency. Parents are asked to update this information on Finals site when changes occur, and to inform the school so we will know to print an updated student form.

First Aid: Paid staff members who have current first aid/CPR cards will provide first aid as needed. Parents complete information on Finals site allowing the school to call 911 if the situation warrants such care.

Emergency Preparedness Plan

The school Safety Manual/Emergency Preparedness Plan is in the PK classroom and in the school office. It is also available electronically upon request. The school updates and maintains earthquake emergency supplies, which include food, medical supplies, and blankets. The school conducts a safety drill monthly, including fire drills, earthquake drills, and intruder drills.

Uniforms/ Clothing

Preschoolers are asked to dress in attire like the big school uniform but are not required to wear the exact uniform. The intention is to provide an atmosphere of learning and belonging without being a burden to families. Students will have opportunities to dress up for holidays and feast days.

Girls are to wear a white blouse or polo with navy blue pants, sweatpants, or shorts OR uniform jumpers, skirts, or skorts. Tights, shorts, or leggings should be worn underneath any skirt. Boys are to wear a white polo or button-down shirt, navy pants, sweatpants, or shorts. Cardigans and sweatshirts should be uniform or plain navy blue.

Children are required to wear well-fitting, closed-toe shoes at all times. Tennis shoes are recommended. Velcro closure shoes are preferred as they will avoid accidents from untied laces. Open toe shoes, sandals, crocs, and slippers are NOT allowed. Rubber boots and cowboy boots are not allowed in the classroom, but an extra pair of rain boots are requested for the playground during the rainy months.

Students continuing to Kindergarten after PreK will be expected to wear the full ICRS uniform as outlined in the handbook.

Label any clothing your child may remove at school (coats, sweaters, etc.) A change of clothing should always be sent to school for your child in case of a spill or accident. These situations can be embarrassing for children and having their own change of clothing (including socks and underwear) helps the change go unnoticed. The extra clothing should be placed in a Ziploc bag marked with your child's name. Soiled clothing will be placed in a plastic bag in your child's backpack to be washed at home. In the event your child needs to use their extra clothing, please replace it promptly.

Supplies

All ICRS 4-year-olds should bring their backpack, snack, and lunch to school daily. In addition, a school supplies list is published on the school website.

Children in the full-day program will have a rest time. Full-day children will be provided with a blanket and crib sheet to use at rest time. Blankets and sheets will be sent home on Friday to be washed and should be returned on Monday morning for their use that week.

Family Engagement and Communication

Classroom Communication: Preschool teachers will send home a regular newsletter to keep parents informed of the theme, specific learning targets, and special events happening in the classroom.

Communication via Technology: Our website, www.icrsweb.org, is a wealth of information including useful forms, school news and policy information. Ask to join the private ICRS parent Facebook page for up-to-date information about school closures and news. The school will communicate via text messaging and email for emergency all-school notifications as well.

School Communication Envelope: Every other Thursday, a “communication envelope” (Brown Envelope) is sent home with the oldest student in each family. The envelope is to be returned the next day. Enclosed in the envelopes are calendars, sign-up sheets, information about fundraisers, etc. Notes may be returned to the school office in the communication envelope, as envelopes are checked when they are returned to the office.

Conferences: Parents wishing to speak with their child’s teacher or the principal are requested to make an appointment. There are parent/teacher conferences scheduled for all families at the conclusion of the first trimester. A second conference day is scheduled at the end of the second trimester or when/if either the parent or teacher requests a conference.

Confidentiality: At no time will situations involving students or personnel be discussed publicly or with anyone other than the individuals directly involved. Staff and volunteers must respect the confidentiality of school situations and the privacy of children. Discretion must be used in conveying experiences within ICRS and under no circumstances should students’ or families’ names be used outside the school. The services of a volunteer who does not respect confidentiality can be terminated. Parents and staff are the only individuals with access to PK students’ personal information.

Good Communication: Parents are encouraged to contact the school whenever they have questions or concerns about their child or the school in general. If children hear parents criticizing their school and teachers, they are likely to lose confidence and trust in them. To facilitate good communication and trust among all of us, please take suggestions or complaints immediately and directly to the person involved. If you do not receive a satisfactory response, present your concern to the next level of administration.

Meals and Snacks

The importance of proper nutrition plus physical activity lead to lifelong good health. Preschool students will bring a packed lunch from home. Children should also bring a morning snack from home.

Requirement	Breakfast	Lunch and Dinner	Snack (at least 2 of the 4 components listed)
A fruit or vegetable or one hundred percent fruit or vegetable juice	X		X
Fruits or vegetables (two fruits or two vegetables or one fruit and one vegetable). Juice must be one hundred percent fruit or vegetable		X	
A dairy product (such as milk, cheese, yogurt, or cottage cheese)	X	X	X
A grain product (such as bread, cereal, rice cake or bagel)	X	X	X
Meat or meat alternative (such as beef, fish, poultry, legumes, tofu, or beans)		X	X
A liquid to drink- can be water or one of the required components such as milk, fruit or vegetable juice.	X	X	X

** A daily minimum of one serving of Vitamin C fruit, vegetable, or juice is included
** Foods high in Vitamin A are included three or more times weekly

Accounting

All tuition and fees will be collected through Finalsite, including **Extended Day fees**. In the event that money is turned into the office, please make sure money is (1) sealed in an envelope, (2) the front of the envelope is labeled with your child's name (first and last), their grade and their teacher's name, the amount of \$\$\$ enclosed and the purpose of the money, and 3) if you write a check for Extended Day, please do write two separate checks.

NSF Checks: After the second Non-Sufficient Fund (NSF) check, cash payments or money orders will be required.

Transportation and Field Trips

Preschool operates under the Department of Children, Youth and Family Services and is required to have a "field trip" form for anytime we leave the classroom, such as library or going to the church. We will offer you one field trip form at the beginning of the year to cover the whole year. We do not usually plan other field trips, but if the 4-year-olds go on a more extensive class field trip, additional parent permission slips will be collected. Permission slips will include field trip location, date, time of departure from school and return to school, and any other information on which the parent may need. A signed permission slip will be required for children to attend. If transportation is needed, the children will ride the ICRS school bus to and from the outing. Parent volunteers will assist as additional chaperones.

Child Safety

Background Investigations: An extended background check is mandatory for all employees as well as for volunteers who may work one-on-one with preschool students.

Safe Environment: To keep children safe, all employees, coaches and volunteers are required to take the initial "Protecting God's Children" workshop offered through the Archdiocese of Seattle, then partake in updates online every 3 years.

Children will be supervised at all times and not allowed access to unlicensed space. If a student has an accident on campus, the parent may contact the school office for guidance regarding student accident insurance information.

Expulsion Policy

The teachers will work closely with parents to change a child's behavior that might lead to an expulsion, such as a child who loses control repeatedly hurting themselves or others. The steps taken before an expulsion are the following:

1. Parent – Teacher meeting to discuss child's behavior and reasonable accommodations
2. Implement accommodations and determine if they are successful
3. Conduct a second parent-teacher meeting to celebrate progress or expel
4. Where applicable, parents will be provided with resources for children who might qualify for Special Services through the Mount Vernon School District.

Consistent Care Policy

ICRS PK staff will consistently work with the children with a goal of building long-term trusting relationships.

Mandatory Reporting Law

We follow state reporting laws regarding Child Abuse and Neglect. If there is a “reasonable cause” to believe that a child has suffered abuse or neglect, ICRS staff are required to report such incidents, or cause a report to be made to the proper law enforcement agency or to the department as provided in RCW 26.44.040”.

Substance Use

It is the policy of ICRS that no alcohol, tobacco, or cannabis will be used on campus while school is in session and illegal drugs are prohibited.

Termination of Services Policy

Withdrawal from ICRS: If a family chooses to withdraw their child/children from ICRS, tuition will be refunded for any month in which the student has not attended ICRS. There is no partial month refund. If tuition payments have been made through Finals site, refunds will not be made until the payment has been cleared. Registration fees are not refundable. If a place has been held in a class for a student, and the student has not attended, tuition will be charged until the withdrawal request has been formally received from the student’s parent or guardian.

Failure to Pay may result in holding grades, discontinued enrollment, referral to a collection agency, and/or a student restricted from participating in graduation and award ceremonies.

Any questions regarding tuition or fees should be directed to the school secretary or bookkeeper. ***Delinquent tuition or fees can prohibit transferring records, delivery of report cards, future scholarships, and re-registration.***

Parent, please sign and return this page to acknowledge you have read and understand the handbook.

I have read and understand the ICRS Preschool family handbook and early learning program policies. I have been given the opportunity to review the health policy and emergency preparedness plan.

(print) _____

(sign) _____ (date) _____

I have read and understand the ICRS Preschool family handbook and early learning program policies. I have been given the opportunity to review the health policy and emergency preparedness plan.

(print) _____

(sign) _____ (date) _____

In addition, ICRS has my/our permission to use photos of my/our child in school brochures, the school website and social media, newspaper publications and other media forms as determined.

(sign) _____ (date) _____

(sign) _____ (date) _____