

Guidance and Counseling Program Opt-Out Request

Dear Parents / Guardians,

Immaculate Conception Regional school is proud to announce that we are partnering with the Mount Vernon School District and have a new part-time counselor, Mrs. Kristel Hollick. Her bio is on the back of this sheet. She will provide a guidance and counseling program that addresses the academic, and personal/social development of all students. Her services are intended to maximize student potential and academic achievement.

If you **DO NOT** want your child to participate in the school counseling and guidance program, please complete and return this form to the office by May 4.

If you have any questions, or would like to meet Mrs. Hollick, please send her an email at khollick@icrsweb.org, or contact Principal Rodrigues.

Please make her feel welcomed and introduce yourself.

Sincerely,

Principal Rodrigues

TO OPT OUT OF GUIDANCE AND COUNSELING RETURN THE BOTTOM PORTION BY MAY 4.

I request that my child **not** participate in the Immaculate Conception Regional School's Guidance and Counseling program. I understand that parent permission is not required for counseling that is needed to maintain order, discipline, or a productive learning environment.

Student(s) Name(s) _____ Grade(s) _____

Parent/Guardian Name (Please Print) _____

Parent/Guardian Signature _____ Date _____

April 25, 2018

Hello Parents / Guardians,

My name is Kristel Hollick and I have been given the great opportunity to serve as Immaculate Conception Regional School's new school counselor. To share a little about myself, I was born and raised in Bakersfield, CA. I have been a military spouse for over 13 years. Since retiring, my family and I have made the decision to settle in Mount Vernon, WA. I have three children of my own, ages 13, 11, and 3. They keep me very busy with sports, dance, gymnastics, and extra activities. My own hobbies are hiking, kayaking, and soccer. I played soccer for several years and have since gone on to coach youth soccer.

I graduated from American Military University with a BA degree in Psychology and upon my completion of internship will graduate in June, 2018 with my Masters in School Counseling from Capella University. I have worked as a small group tutor, an applied behavior therapist, and worked with at-risk youth in the greater Seattle area. My passion is helping the next generation.

My job as a school counselor is to help students academically, socially/emotionally, and personally. This can be done in a small group setting, individually, or in a classroom. As a way to get to know the children, this week I will be walking in and out of your child's classroom and walking and playing outside during lunch and recess. If you have any questions for me, I would be happy to hear from you.

Kristel Hollick
School Counselor K-8
khollick@icrsweb.org