

# MOUNT VERNON Strengthening Families Program

A free nationally recognized class series that supports families by:

- ★ Building on family strengths
- ★ Preventing teen substance abuse
- ★ Teaching teens how to resist peer pressure
- ★ Strengthening family communication
- ★ Providing over a dozen tools for effectively parenting teens



**Who:** Parents/guardians with youth ages 10-14

**When:** Thursdays, 6:00-8:30 PM, March 8th – April 26th (seven weeks- no class April 5th)

**Where:** Mount Baker Middle School, 2310 E Section St., Mount Vernon, WA, 98274

**Cost:** **FREE!!** Includes dinner, childcare for younger siblings, and raffle prizes!

## Strengthening Families Program Registration Form

Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address (optional): \_\_\_\_\_

Names of participating adults (parents/guardians): \_\_\_\_\_

Names and ages of participating youth (ages 10-14): \_\_\_\_\_

Do you need childcare for younger children?    Y    N

If yes, please list names and ages of children: \_\_\_\_\_

**Registration Deadline is March 1st**

For questions and to submit registration forms contact:

**Drop Off:** 2241 Hospital Drive  
Sedro-Woolley, WA, 98284

**Phone:** (360)854-7168

**Fax:** (360)856-4970

**Email:** lauren.fearns@unitedgeneral.org

**Español:**

Claudia Avendano-Ibarra

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Email: Claudia.Avendanobarra@skagit.edu

**Register Online**

<http://unitedgeneral.org/positive-parenting/>

Program sponsored by:

